

Long Term Plan for Outdoor Education

Mowbray Outdoor Education (MOEd) aims to provide an outdoor educational experience for young people with additional needs in North Yorkshire. This experience should provide motivational learning in inspirational environments. This will take the form of a variety of activities and courses of study that challenge pupils to consider themselves, others and their environment.

	Autumn Term	Spring Term	Summer Term
Key Stage 3	Paddlesports (Canoe/Kayak) Walking/Orienteering Scramble/Weasel Biking Climbing Indoors	Scooter/Skate/BMX Walking/Orienteering Scramble/Weasel Biking Climbing Indoors Archery	Paddlesports (Canoe/Kayak) Walking/ Orienteering Climbing/Scramble/Weasel Biking Climbing Outdoors

KS3 – Each form is timetabled for 1 day of Outdoor Education every fortnight.

There is an emphasis on biking as many pupils in years 7-9 are currently unable or not confident at riding a bike.

	Autumn Term	Spring Term	Summer Term
Key Stage 4 (Option)	Paddlesports (Canoe/Kayak) Walking/Orienteering Scramble/Weasel Biking Climbing Indoors	Scooter/Skate/BMX Walking/Orienteering Scramble/Weasel Biking Climbing Indoors Archery	Paddlesports (Canoe/Kayak) Walking/ Orienteering Climbing/Scramble/Weasel Biking Climbing Outdoors

KS4 – Pupils have chosen Outdoor Education as an option and undertake activities every Wednesday

Activities are substituted from the list below depending on the group and weather.

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General	Activity	KS4 Option Qualifications
Watersports	Sailing Canoeing Kayaking Raft Building	RYA Sailing & BCU Paddle Power
Climbing	Indoors at Newton Aycliffe & Harrogate Climbing Walls Outdoors at Brimham Rocks (including elements of scrambling/weaselling) Abseiling	NICAS (Indoor Climbing Award)
Skiing	Dry Slope Skiing at Silksworth Ski Centre – Sunderland	Snowlife Ski Awards
BMX/Scoot/Skate Board	Indoors at The Works, Leeds	Building confidence and skills
Gym Work	Indoors at The Works, Leeds	Building fitness
Mountain Walk	Variety of Locations (Moors & Dales)	NNAS (National Navigation Award Scheme)
Orienteering	Harrogate Showground Hamsterley Forest School Grounds	
Mountain Biking	School Grounds Hamsterley Forest Scar House Reservoir Sutton Bank Visitor Centre BIKE CLUB	Bikeability
Forest Schools		
Bushcraft & Survival		
Camping	Overnight camp available	
High/Low Ropes Courses	Bewerley Park Centre	
Gorge Walk/Scramble	Bewerley Park Centre	
Archery		
Problem Solving		
DofE	Every pupil in year 10 & 11 are registered for the DofE programme.	

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	They will complete one or possibly all of the sections available from: Volunteering/Physical/Skill/Expedition
DO SOMETHING	KS4 pupils are encouraged to DO SOMETHING. This could be Social/Creative/Active/Adventurous/Brainy
Residentials (Week)	East Barnby Centre – Available to KS4 every year. Bewerley Park Centre – Available every three years to KS3
Activity Week	In July every year pupils have the option from many different activities. One is Adventurous and has included, Camping, Bunk Barns, Camping Pods whilst canoeing, biking, walking, climbing and beach visits.

KS4 Option Qualifications

In addition to the activity qualifications students on the KS4 option are also working towards AQA unit awards. Most should achieve the **Level 2 Unit Award – Participation in Outdoor Education** and others could include:

Confidence Building Building a Low Impact Campfire Developing Team Building Skills in the Outdoors Introduction to Orienteering	Introduction to Flat Water Kayaking Introduction to Canoeing Climbing & Belaying Problem Solving Activities Residential
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