

CONTACT US

Community Support Army Welfare Service
Hipswell Lodge, Richmond Rd, Catterick Garrison,
North Yorkshire DL9 3AX

Tel: 01748 87 2912

All activities may be subject to change, prior notice will be given where possible.

Please retain all receipts for activities as proof of booking.

Anyone attending a session who has not booked a place where bookings were required, we reserve the right to refuse



The Army HIVE Information Service provides up to date, relevant information to the service community. The HIVE Information Support Officers offer wide range of Information, focusing on education, housing and accommodation, employment and training opportunities, childcare, travel, leisure and health facilities.

The HIVE can also provide information for new posting locations. With excellent links to service and civilian agencies. The Army HIVE information Service can sign post you to the relevant agency when required and confidentially refer to the right person for help or support.

Catterick HIVE Information Centre
AWS Hipswell Lodge
Richmond Road
Catterick Garrison
DL9 3AX
Tel: 01748 872944

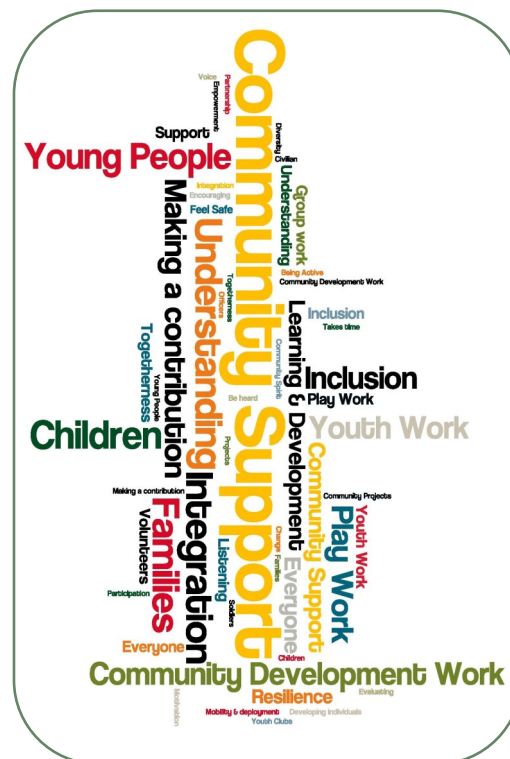
Email: catterickhive@armymail.mod.uk
Blog Address: www.catterickhive.blogspot.com

Army Welfare Service Serving the Service Community

Catterick Garrison Community Support

Activity Programme

**Sept - Dec
18**



Bookings may be required for some of the activities.

**For information on booking a place call Army Welfare Service on
01748 87 2912**

Bookings for activities will open on 26.09.18

Payment for activities via cash only.



Community

To support individual, family and community resilience, wellbeing and mental health.

Work with communities UK and overseas and volunteers to deliver opportunities to bring people together through social activities, to access informal education, respond positively to cultural difference and integrate with wider society.

To provide support to children and young people through play work and youth work, so that children thrive and reach their full potential

To be active in listening to children and young people, their needs and concerns, provide a level of safeguarding and work to mitigate the impact of Service lifestyle.

Gurkha Support Update

Activity	Where	Information
तीज नाईट 8th September 1800hrs - 2300hrs	एसपी बार गोर्खा कम्पनी	स्वादिष्ट खाना, आकर्षक राफल प्राईजहरु तथा नाचगानले भरिपूर्ण रमाइलो तीज नाईटमा सहभागी हुन चाहनु हुन्छ भने 24th August सम्ममा 07794595256 मा नाम टिपाएर आफ्नो स्थान सुरक्षित गर्नुहोस् । गोर्खा कम्पनी तथा यल डी डब्लुका दिदि बहिनीहरुको लागि फ्री, बाँकि सबैको लागि टिकट मुल्य £१०.०० ।
लेस्टरको दर्श भ्रमण 6th October 0800hrs - 1930hrs	गोल्डन माइल लेस्टर	लेस्टरको बेल्ग्रेभ रोड र मेल्टन रोड लाई गोल्डन माइल भनेर चिनिन्छ । यहाँ इण्डियन रेष्टुराँट, विभिन्न प्रकारका लत्ता कपडा ,गर गहना, श्रृंगारका सामाग्रीहरु तथा घरेलु सामाग्रीहरु पाइन्छ ।तपाईं यस भ्रमणमा जान चाहनु हुन्छ भने 28th September सम्ममा 07794595256 मा नाम टिपाएर आफ्नो स्थान सुरक्षित गर्नुहोस् ।
2019 ईभेन्ट प्लानिङ्ग मिटिङ्ग 28th November 1000hrs - 1400hrs	एस पी बार गोर्खा कम्पनी	तपाईंहरुलाई गत वर्षमा भएका कार्यक्रमहरु कस्तो लाग्यो ? आगामी वर्षमा कस्तो कार्यक्रमहरुमा सहभागी हुन चाहनु हुन्छ ? आउनुहोस् र आफ्नो अनुभवहरु हामीसँग बाँट्नुहोस् साथै आगामी वर्षका कार्यक्रमहरुको योजना बनाउन सहभागी हुनुहोस् ।

Support Purpose is:

To provide practical support for those that need it the most in communities, particularly young mothers and fathers

Work with external agencies to assure access to a range of support for health matters, parenting skills, life skills, cultural difference and work with AWS Personal Support to intervene early to support families in need.

To provide specialist advice and guidance to Commands and communities on community development and the safe management of community activity

Provide the professional lead for identifying community need, manage legislation and policy and work with external agencies for the benefit of children, young people and families.



CATTERICK EMPLOYMENT FAIR

Centenary Hub
PIAVE LINES
26th September
10.00 - 13.00hrs
Open to the
Whole
Community

For more
information
Please contact the
HIVE on
01748 872944

Looking for support before the Jobs Fair?
13th September 2018 – CV Preparation Skills
Looking to brush up your skills in case you get an interview 09:30 – 11.30 Evergreen Room
4th October 2018 - Interview Skills

CV Support
Financial Support
Interview Skills

Army Welfare Service
DL9 3AX

jobcentreplus
ARMY BE THE BEST
HIVE Information Centres

Monday**Music For Two (NYMAZ Music Project)***1000-1130hrs term time from 17.09.18**£1.00 per child, aimed at children aged 0-2yrs***Catterick Garrison Community Centre, Loos Rd, DL9 4HP**

Provides a supportive environment for children and their parents/carers to explore music together prompting development and learning whilst having fun. Includes the opportunity to have a cuppa and meet others after the music section has finished.

Parents/Carers are responsible for their children at all times.

Volunteer Drop In Information Session (Catterick Garrison Community Centre)*1330 -1530hrs term time from 17.09.18*

Would you be interested in working alongside a Community Support Development Worker on our activities and projects? Do you have skills that you would like to share with the community? We offer a supportive volunteer scheme that includes training. Roles vary from face to face work with the community to project planning and fundraising. Pop in to see your Community Support Development Worker for more information.

Alternatively call us on 01748 87 2912.



Support Activities

Cost	Information
Free	<p>Please bring any information such as qualification work history or a previous C.V if you have them with you.</p> <p>£1 for refreshments</p> <p>Don't forget to put the Jobs Fair in your diary on the 26th September see the poster later in the programme for more details.</p>
Free	<p>We will be at a variety of sessions and public locations across the Garrison this month to find out what matters to you. We strive to ensure that our provision meets the needs of the local community - to do that we'd like to hear your views in order to help influence and shape the future.</p>
Free	<p>Come with any questions or concern you may have about returning to work and having to attend an interview. A useful session if you have applied for a job you see at the Jobs Fair.</p> <p>£1 for refreshments</p>
Free	<p>The Golden Mile is renowned for its authentic Indian restaurants, sari shops, and jewellers. Whether you are looking to stock up for Dashain or looking for a cultural experience, there is something for everyone.</p>
£7.00 per person	<p><i>Join our activity and culture clubs for our end of term cinema trip to Empire Cinema. We hope to see Wrecked Ralph 2.</i></p> <p>Price includes cinema ticket and Snack Box.</p>



ACTIVITIES

Tuesday

Parents & Tots

0930–1100hrs term time from 18.09.18

£1.00 per child (under 1's free)

Catterick Garrison Community Centre, DL9 4HP

Offers a safe space for children and their parents/carers to explore a simple arts and crafts activity, enjoy self-directed play and a healthy snack. The sessions ends with song time.

Parents/Carers are responsible for their children at all times.

Nepali Culture Club

16.30-18.30hrs term time from 18.09.18

£1.00 per child, aimed at children aged 5 - 11yrs

Activities room, Hipswell Habitat, Richmond Rd, DL9 3AX

Session includes basic understanding of Nepalese alphabet and basic language followed by play, snack and craft time



WEEKLY

Wednesday

Rhyme and Time and Messy Play

0930–1100hrs term time from 19.09.18

£1.00 per child, aimed at children aged 0-4yrs

Evergreen Room, Hipswell Habitat, Richmond Road, Catterick Garrison, DL9 3AX.

A space for parents, carers, and their children to participate in singing, having a snack and a fun messy learning activity.

Parents/Carers are responsible for their children at all times.

Breastfeeding Support Group

1030 - 1230hrs term time from 19.09.18

Catterick Garrison Community Centre, Loos Rd, DL9 4HP

A support group that offers a warm and safe space for parents and parents to be that are interested in breastfeeding. Come along and meet other parents. Tea, coffee and refreshments provided (donation required).

Parents/Carers are responsible for their children at all times.

Donations for refreshments only.

For further information regarding the session please contact Beth O'Shea-Godbolt (ABM Mother Supporter) on 07542775649

Stitched Together

1730 - 2000hrs term time from 19.09.18

£10 per person Autumn term subscription (includes refreshments and main project based materials).

Catterick Garrison Community Centre, Loos Rd, DL9 4HP

An informal textile group that provides a supportive and relaxed environment in which to learn new skills, meet new people and enjoy some 'me' time. The group offers a variety of projects to get involved in, including personal projects where you will make things for yourself, community projects where we work together and basic textile technique workshops. This term will see workshops in Lino printing, textile painting/batik and much more!

Please call CSDW Kerry Palmer on 07974 193536 to book a place.

Association of Breastfeeding Mothers

Supporting Breastfeeding Women since 1979



Your local contact:

Beth O'Shea-Godbolt

07542775649

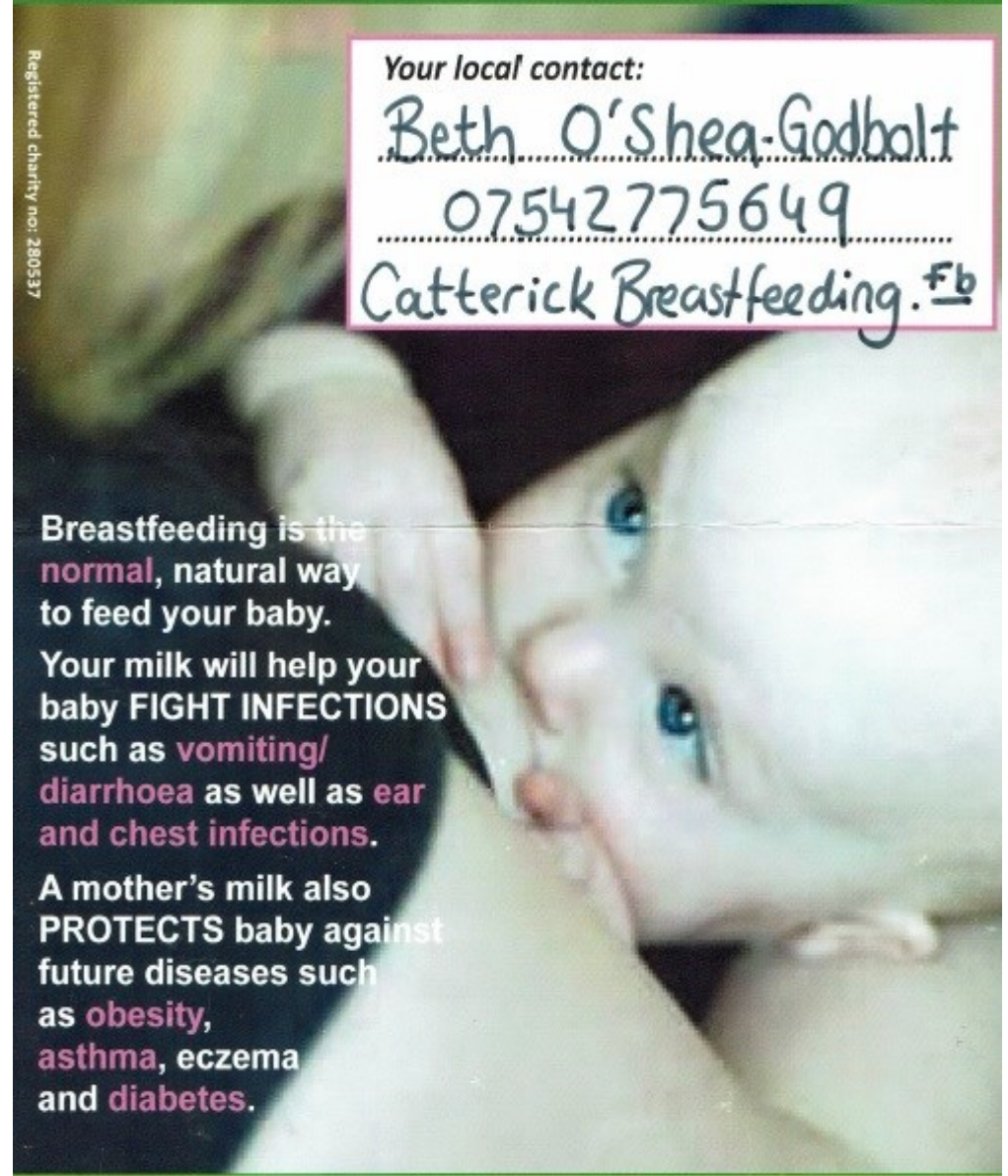
Catterick Breastfeeding.Fb

Registered charity no: 280537

Breastfeeding is the normal, natural way to feed your baby.

Your milk will help your baby FIGHT INFECTIONS such as vomiting/diarrhoea as well as ear and chest infections.

A mother's milk also PROTECTS baby against future diseases such as obesity, asthma, eczema and diabetes.



Initial Induction sessions

Tuesday 23rd Oct 18

Session 1: 12.45 - 14.45

Please note there is no childcare for this session, parents remain responsible for children at all times

Session 2: 17.30 - 19.30

Adults Only

IMPORTANT INFORMATION

- Courses are fully funded by the Government, however there is a fee of £125 for non completion.
- You will receive a recognised NCFE awarded qualification on completion.
- Courses are completed in your own time online or via post and you will have a tutor to support you throughout.
- To enrol you need to be 19yrs+ and have been resident in the UK/EU for 3yrs or more for purposes other than study (BFPO is accepted as UK)
- Inductions are subject to cancellation if there are less than eight learners booked onto inductions.
- We will need your National Insurance Number, Date of Birth, contact details & course choice.
- Places must be pre-booked. For further information please contact AWS on 01748 872912.

COURSE LIST

- * Counseling
- * Excellence in customer service hospitality
- * Wine Services
- * Children & Young Peoples Mental Health
- * Safeguarding & Prevent
- * Understanding specific learning difficulties
- * Working with people with mental health needs
- * Lean Organisational Management Techniques
- * Principles of Warehouse Storage
- * Preparing to work in Adult Social Care
- * Retail Operations
- * Customer Service
- * Business & Administration
- * Information, Advice & Guidance
- * Principles of Team Leading
- * Cleaning principles
- * Understanding behavior that challenges
- * Caring for children and Young People
- * Understanding Nutrition & Health
- * Equality & Diversity
- * Common Health Conditions
- * Prevention & Control of infection
- * Working with Individuals with Learning Disabilities
- * Dignity & Safeguarding in Adult Health & Social Care
- * Understanding Care and Management of Diabetes
- * Awareness of Mental Health problems
- * Understanding Autism

ACTIVITIES

Thursday

Meet and Greet

0915–1115hrs term time from 20.09.18

£1.00 per Adult,

Evergreen Room, Hipswell Habitat, Richmond Road, Catterick Garrison, DL9 3AX.

A aimed at adults to meet new people and get information from AWS, the HIVE and our partner agencies such as DWP, Army Families Federation.

Also see our one off event page or guest speakers and topics

Activity Club

16.30-18.30hrs term time from 20.09.18

£1.00 per child, aimed at children aged 6-13yrs

Evergreen Room, Hipswell Habitat, Richmond Road, Catterick Garrison, DL9 3AX

A space for children and young people to explore their imagination in a fun learning environment . Each session will involve play, art, and self expression, with activities both inside and outside with a programme of out of centre experiences and trips.

On-street Youth Project

1530 - 1830hrs term time from 20.09.18

Look out for our youth and community workers out and about in the Garrison. The On Street youth work project will be continuing to engage children and young people on the streets of Catterick over the coming months, weather dependent.

Friday**Parents for Parents**

Parents for Parents are a local charity based in North Yorkshire that provide support to parents. For further information in relation to individual support, group support, workshops and training please contact the Project Director and Development Officer on 07749 420 833 or alternatively e mail : www.parents4parents-northyorks.org.uk or visit the website <http://www.parents4parents-northyorks.org.uk/>

**CONTACT INFORMATION**

AWS, Catterick Garrison Community Centre
Loos Road,
Catterick Garrison,
North Yorkshire,
DL9 4HP
Telephone:
01748 83 2270

Saturday**Catterick Garrison Go Ride**

10.30-13.00hrs term time from 22.09.18

£2.50 per rider, aimed at children aged 6-17yrs

Hipswell Habitat, Richmond Road, Catterick Garrison, DL9 3AX.

A children and young person friendly club for people interesting in developing their riding skills in a safe and traffic free environment. Led by volunteer British Cycling qualified coaches From October all riders will need to be British cycling members.

Bike Library

Would you like to ride but don't have a bike? The bike library loans bikes to local community member for **FREE** in 3 months blocks to help people get to school, work and spend their leisure time riding. Loans Subject to a suitable bike being available. We are happy to accept bike donations from community members who no longer ride their bike.

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