



# What's On

Monday 23rd July - Friday 31st August

Children and Families: Prevention Service, Richmondshire

	Time	Activity	More Information	Where
<b>MONDAY</b>	9:30-11:00 Drop in	Healthy Child Clinic 6th August	Come along for the opportunity to get your child weighed and obtain advice from a member of the Health Visiting team.	Catterick Village Health Centre, DL10 7LD
	9:30-11:00 Drop in	Breastfeeding Group Weekly	A relaxed group where you can chat and share experiences with other mums who are breastfeeding and expectant mums who want to know a little more. A Health Visitor will be available to offer professional advice if needed to help you reach your personal breastfeeding goals.	Carnagill Children's Centre, DL9 3HN
	14:00-15:00 Drop in	Healthy Child Clinic 13th August	Come along for the opportunity to get your child weighed and obtain advice from a member of the Health Visiting team.	Scorton Health Clinic, DL10 6HB
	18:00 - 19:30	Youthability 6th August and 20th August Year 7 upwards	A chance for young people with special educational needs and disabilities (SEND) to have fun, meet new friends, learn new things and enjoy a youth club environment. For further information please ring Colburn Children's Centre and ask to speak to Katie.	Richmondshire Prevention Hub, DL10 7BQ
<b>TUESDAY</b>	9:00-11:00 Drop in	Childminders' Drop In Weekly	An opportunity for Childminders to network with other Childminders looking for support, advice and fun. £1 per session	Carnagill Children's Centre, DL9 3HN
	9:30 - 11:00 Drop in	Summer Fun 24th July, 7th August and 21st August	A fun, play session for 0-5's set up by one of our team to help support your child's early learning and development. Lots of play and lots of chatter! Please use the entrance at the side of the village hall. Older siblings welcome.	Harmby Village Hall, DL8 5PG
	11:00-12:30 Drop in	Healthy Child Clinic 7th August	Come along for the opportunity to get your child weighed and obtain advice from a member of the Health Visiting team.	Reeth Doctors Surgery, DL11 6SU
	13:00-14:30 Drop in	Summer Fun Weekly  Healthy Child Clinic Weekly	A fun, play session for 0-5's set up by one of our team to help support your child's early learning and development. Lots of play and lots of chatter! Older siblings welcome.  An opportunity to weigh your child and obtain advice from a member of the Health Visiting team. Please arrive before 2:15 to guarantee your child is weighed.	Colburn Children's Centre, DL9 4RF
	14:00 - 15:00 Drop in	Healthy Child Clinic 21st August	Come along for the opportunity to get your child weighed and obtain advice from a member of the Health Visiting team.	Aldborough Doctors Surgery, DL11 7TH

	Time	Activity	More Information	Where
WEDNESDAY	9:15-11:15 Drop in	Summer Fun	A fun, play session for 0-5's set up by one of our team to help support your child's early learning and development. Lots of play and lots of chatter! Older siblings welcome.	Wensleydale Children's Centre, DL8 3BJ
		Healthy Child Clinic 8th August	Once a month there will also be an opportunity to get your child weighed and obtain advice from a member of the Health Visiting team.	
	9:15—11:30 Drop in	Childminders' drop in Fortnightly from 18th April 25th July, 8th August, 22nd August	An opportunity for childminders to network with other childminders looking for support, advice and fun. A member of the Prevention Service will also drop in on some sessions to offer advice, support and information. £1 per session	Colburn Children's Centre, DL9 4RF
	9:30-11:00 Booking Required	Citizens Advice Bureau Weekly	Come in for advice on benefits, housing, debt or just about anything! Please ring Colburn Children's Centre on 01609 532595 for available appointments.	Colburn Children's Centre, DL9 4RF
	13:00 - 14:30 Drop in	Healthy Child Clinic 1st and 15th August	Come along to clinic for the opportunity to get your child weighed and obtain advice from a member of the Health Visiting team. You can also stay and play with other families.	The Friary, Richmond , DL10 4UJ
	13:00-14:30 Drop in	Family Advice and Support Drop In Weekly except for 25th July	Are you looking for some support or advice regarding family life? Come and chat with a member of our team about anything from tots to teens.	Colburn Children's Centre, DL9 4RF
18:00 - 20:00	LGBT+ 22nd August	This group is for young people aged from 14 - 19 years who are lesbian, gay, bisexual or transgender. A safe and welcoming place to access support/information and meet other young people in a similar situation. Email: <a href="mailto:lgbthamandrich@northyorks.gov.uk">lgbthamandrich@northyorks.gov.uk</a>	Call Colburn Children's Centre for more information	
THURSDAY	10:00-11:30 Drop in	Summer Fun 26th July, 9th and 23rd August	A fun, play session for 0-5's set up by one of our team to help support your child's early learning and development. Lots of play and lots of chatter! Older siblings welcome.	Carnagill Children's Centre, DL9 3HN
		Healthy Child Clinic 26th July, 9th and 23rd August	Twice a month there is also an opportunity to get your child weighed and obtain advice from a member of the Health Visiting team.	
	13:30-15:00 Drop in	Summer Fun 2nd and 23rd August	A fun, play session for 0-5's set up by one of our team to help support your child's early learning and development. Lots of play and lots of chatter! Please use the entrance at the side of the village hall. Older siblings welcome.	Leyburn Methodist Church Hall, DL8 5AT
		Healthy Child Clinic 9th August	Once a month there will also be an opportunity to get your child weighed and obtain advice from a member of the Health Visiting team.	

**SUMMER  
FUN...**

Our 'Summer Fun' sessions will be packed full of fun activities for your children to explore, and also things that you can try out at home. *Did you know that children develop quicker in the first five years of life than at any other time?* Play is key to their early development so bring them along, join in the play and know that you are making a difference to their learning and development!

	Time	Activity	More Information	Where
FRIDAY	9:15-11:15 Drop in	Summer Fun 27th July, 10th and 24th August	A fun, play session for 0-5's set up by one of our team to help support your child's early learning and development. Lots of play and lots of chatter! Older siblings welcome.	Gayle Institute, DL8 3RZ
		Healthy Child Clinic 27th July and 24th August	Once a month there will also be an opportunity to get your child weighed and obtain advice from a member of your Health Visiting Team.	
	13:30-15:00	Soft Play Session	This session provides a wide range of play and movement opportunities for interaction between children and adults thus developing social, emotional and spatial skills. £3 for your first child and £1 for additional children.	Yorebridge Sports, Askrigg, DL8 3BJ

## Also over the summer...

### All Set

We will be delivering some sessions from our new 'All Set' programme which is for children aged 5 - 11 years. These sessions will be full of fun, but will also focus on themes such as:

- Friendships and relationships
- Dealing with emotions and anxiety
- Building your self esteem
- Morals and fairness

These sessions will be mostly by referral from a professional only, but if we have some spaces then we will offer it wider. If you would like to express an interest in these courses, or are a professional who wants to refer a child, please telephone Colburn Children's Centre on 01609 532595 for more information.

### Youth work

Our Community Intervention Workers will be spending time with young people out and about in the Colburn community. We also hope to deliver some sessions over the summer for young people aged 11 upwards. To keep up to date with what we will be offering, please like and follow our Facebook page:

[www.facebook.com/RichmondshireAreaCFSP](http://www.facebook.com/RichmondshireAreaCFSP)

### NEET

The team at the Children's Centre/Prevention Service are here to support families with children and young people aged 0-19. This includes support for young people aged 16-19 who are Not in Education, Employment or Training (NEET). If this sounds like you or someone you know and you would like to know more about support and opportunities that are available locally, why not pop into our Wednesday Family Advice and Support drop ins at Colburn Children's Centre? *(Not running on 25th July)*

### AWS

The Army Welfare Service will be taking their **pop-up youth club** out and about on the streets of Catterick over the summer. There will be fun, games, sports, craft and art on offer. For children and young people aged 8yrs+. There will also be a host of other activities for children of all age groups. You can find further information about all of these activities on the **Catterick HIVE Blog**

THE READING AGENCY AND LIBRARIES PRESENT



## **Mischief Makers - Summer Reading Challenge 2018:**

**Starts Saturday 14th July & finishes Saturday 8th September**

- ❖ Join FREE at your local library & get your collectors wallet
- ❖ Read six books during the holidays
- ❖ Collect stickers, a door hanger, 3D glasses & a wristband as you go
- ❖ Complete the challenge to receive your Mischief Makers medal & certificate!

There will be lots of activities going on over the summer for you to enjoy in your local libraries as part of this summer challenge. Pop into your local library to find out more, or find all of the activities on our Facebook page:

[www.facebook.com/RichmondshireAreaCFSP](http://www.facebook.com/RichmondshireAreaCFSP)

**The Adult Learning and Skills Service have some exciting and fun family learning classes running in the school holidays.**

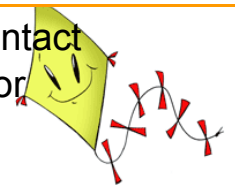
They are FREE and are a great way for parents, grandparents, carers and children to spend time together, learning a new skill or just having fun.

Make your own wrap (cooking)	Mon 23rd July, 13:30-15:30 at Carnagill Children's Centre
Kite making	Tues 24th July, 9:30- 11:30 at Colburn Children's Centre
Slime Making workshop	Wed 25th July, 9:30-11:30 at Carnagill Children's Centre
Pirate treasure hunt	Wed 25th July, 13:30-15:30 at Carnagill Children's Centre

To enrol on these sessions or for more information, please contact our Customer Service Centre on 01609 780780 and ask for


**'adult learning in Richmondshire'** or

Email: [north.adultlearning@northyorks.gov.uk](mailto:north.adultlearning@northyorks.gov.uk)





## Other Information

2 Year Old Funding	Your 2 year old child could be entitled to 15 hours a week of <i>early education and childcare</i> if you are in receipt of certain benefits or credits. To find out more, contact the <b>Children's Centre</b> on 01609 532595 or the <b>Families Information Service</b> on 01609 533483
Extended Entitlement for 3 & 4 year olds	*Working parents* You may be able to claim up to 1140 hours of funded early education and childcare for your 3-4 year old stretched over the year, or 30 hours per week during term time. You can take these hours with pre-schools, nurseries, childminders and schools where the offer is available. For more information: <a href="https://www.northyorks.gov.uk/early-education-places-and-funding">https://www.northyorks.gov.uk/early-education-places-and-funding</a>
SEND (Special Educational Needs Disability) offer	Richmondshire Prevention Service welcomes and is accessible for all. Accessible toilets and changing facilities are provided in our County Council buildings. We aim to coordinate services for children, young people and families in the area. Providing a wide range of services and support for children and families, and our youth activities include services for young people with additional needs. We also offer signposting and information about other relevant services.
Safeguarding 	For the safeguarding of young children, no personal mobile phones are to be used in any of the Children's Centre sessions. This is to ensure that photographs of your children are not placed online without your consent. If you need to take a call, please take it out of the building. Photos can be taken by our team on their work mobile devices and if you would like a copy they will be happy to print it for you.
Not in education, employment or training (NEET)	Are you aged 16-19 and not in education, employment or training? Do you want to know more about support and opportunities that are available for you locally? Pop into one of our Family Advice and Support drop ins at Colburn Children's Centre to find out more on Wednesdays from 13:00—14:30
Compass Buzz	BUZZ US is a text messaging service for young people across North Yorkshire aged 11-18. Young people can text 07520 631168 and receive a message back from one of their Wellbeing Workers offering advice, support and signposting around Mental Health and Wellbeing. The service is confidential and young people will receive a text back within one working day. The service is open Mon-Thursday 0900-1700 and Friday 0900-1630 (excluding Bank Holidays).
Healthy Choices	The <b>Healthy Choices</b> service provides a family-focused package of support for children and young people aged 5-19 years who are above a healthy weight. Each family is offered a free, 12-week personalised programme in their own home and/or community settings, during which they take part in fun and interactive sessions, complete weekly challenges and set their own goals to help them on their journey towards a healthier lifestyle. To find out more please contact the Healthy Choices team on 01609 798081.

## The Prevention Service

The ultimate aim of our service is to reduce the numbers of children and young people requiring more intensive and more costly interventions through Children's Social Care and other crisis led services, by providing timely and effective responses that prevent difficulties escalating. The Prevention Service focuses on:

- School attendance;
- Those not in education, employment or training (NEET);
- Children's centre offer and 0-19 programme;
- Young people in pupil referral units;
- The six developing stronger families criteria;
- Children and young people who are missing;
- Those at risk of child sexual exploitation; and
- Parenting.



## DO WE HAVE YOUR EMAIL DETAILS?

If not please let a member of staff know so that we can keep you up to date



## DO WE HAVE YOUR MOBILE NUMBER?

### Contact Us

#### Colburn Children's Centre

Tel: 01609 532595

Email: [colburncc@northyorks.gov.uk](mailto:colburncc@northyorks.gov.uk)

#### Carnagill & Wavell Children's Centre

Tel: 01609 532113

#### Children & Families' Service: Prevention

Tel: 01609 533682

### How to find us?

#### Colburn Children's Centre

1 The Broadway,  
Colburn,  
DL9 4RF

#### Carnagill & Wavell Children's Centre

Derby Close,  
Leadmill Estate,  
Catterick Garrison,  
DL9 3HN

#### Wensleydale Children's Centre

c/o Askrigg Primary School,  
Askrigg,  
Leyburn,  
DL8 3BJ

#### Children & Families' Service: Prevention

Richmondshire Prevention Hub,  
Richmond School Site,  
Darlington Road,  
Richmond,  
DL10 7BQ



Follow us on **Facebook** for updates,

additional sessions and activities:

[www.facebook.com/RichmondshireAreaCFSP](https://www.facebook.com/RichmondshireAreaCFSP)



Families  
Information  
Service

Visit our website

[www.northyorks.gov.uk/childrens-centres](http://www.northyorks.gov.uk/childrens-centres)

or call our friendly team on **01609 533483**

You can also email us at

[fis.information@northyorks.gov.uk](mailto:fis.information@northyorks.gov.uk)

or text **07624 802425**

### Useful Numbers:

Childline: 0800 1111

NHS Non-Emergency: 111

Police Non-Emergency: 101

Jobcentre Plus: 0800 055 6688

National Debt Line: 08088 084000

Customer Resolution Centre: 01609 780 780

Domestic Abuse Service: 03000 110110

Harrogate and District   
NHS Foundation Trust

*You matter most*

### Healthy Start Vitamins

You can buy or use your vouchers to get Healthy Start (children's and women's) vitamins from your children's centre - Pop into reception to collect yours today!



### Contact us

North Yorkshire County Council, County Hall, Northallerton, North Yorkshire, DL7 8AD

Our Customer Service Centre is open Monday to Friday 8.00am – 5.30pm

(closed weekends and bank holidays). Tel: **01609 780 780**

Email: [customer.services@northyorks.gov.uk](mailto:customer.services@northyorks.gov.uk) Web: [www.northyorks.gov.uk](http://www.northyorks.gov.uk)

If you would like this information in another language or format please ask us.

Tel: **01609 780 780** Email: [customer.services@northyorks.gov.uk](mailto:customer.services@northyorks.gov.uk)