



What's On

Tuesday 5th Sept - Friday 22nd Dec 2017

Please note: Children's Centre buildings will be closed between 22nd Dec - 2nd Jan 2017

**Children and Families' Service: Prevention
Hambleton Area (Covering Northallerton, Bedale, Stokesley,
Great Ayton, Thirsk, Easingwold and surrounding areas)**

	Time	Activity	More Information	Where
MONDAY	9:30am - 11:00am	Ready for School Invite only	A 6 week course of activities linked to the Early Years Foundation Stage, to develop and promote independence and to support parents to encourage skills that enable their children to be ready for school. Term time only 3 & 4 year olds <i>Free</i>	Thirsk Children's Centre, YO7 1DS
	10:00am - 11:30am	Stay & Play with 0-19 Parenting & Family Support Drop-in	Weekly Stay & Play session running alongside Family Support Drop In, offering information, advice and guidance to parents and families.	The Hive, RAF Leeming
	10:00am - 11:30am	Mini Multiples Drop-in 11 th Sept, 2 nd Oct, 6 th Nov & 4 th Dec	For parents/carers of twins, triplets and more. Expectant parents welcome.	Northallerton Children's Centre, DL6 1RB
	10:00am - 11:00am	Singing & Dancing with Jasmine Drop-in Weekly (excl. 11 th Sept, 2 nd Oct, 6 th Nov & 4 th Dec)	A fun, friendly and interactive session for families. Supporting social and emotional development through songs music and rhymes.	Northallerton Children's Centre, DL6 1RB
	1:30pm - 3:00pm	Family Funtime Drop-in	The Children's Centre invites families to come and use the Activity Room and resources for a free play session. Please note: this session is not staffed. Birth - 6 years old <i>Free</i>	Thirsk Children's Centre, YO7 1DS
TUESDAY	9:15am - 11:30am Health Team from 9:45am	Weigh, Stay & Play Drop-in Weekly	Child clinic in partnership with the Health Visiting Team. Opportunity to weigh your child plus stay & play in an informal and friendly atmosphere. Birth - 4 years old <i>Free</i>	Thirsk Children's Centre, YO7 1DS
	9:30am - 11:30am	Breastfeeding Group Drop-in Weekly	A peer support group for breastfeeding mums in a relaxed atmosphere, This session is supported by a trained member of staff in Breastfeeding and Relationship Building as part of the Baby Friendly Initiative, with the addition of Health Visitor advice and input. Mothers , Mums-to-be and partners/family members welcome. <i>Free</i>	Thirsk Children's Centre, YO7 1DS

	Time	Activity	More Information	Where
TUESDAY	9:45am - 10:45am	Words and Monkey Music Drop-in (excl. 17th & 24th Oct) Term time only	Themed sessions which explore stories through songs and nursery rhymes. These aim to support the engagement of children with reading, develop vocabulary and language skills while having fun. Birth - 4 years old <i>Free</i>	The Galtres Centre, Easingwold, YO61 3AE
	10:00am - 11:30am	Young Parents Group Drop-in Weekly	Weekly session offering support and advice alongside play activities with the opportunity to meet other parents. Parents under 25 years old <i>Free</i>	Northallerton Children's Centre, DL6 1RB
	1:30pm - 2:30pm	Messy Play and Family Support Drop-in Weekly	Messy Play session running alongside Family Support drop-in.	Stokesley Methodist Church, TS9 5AD
	1:30pm - 3:00pm	Small Talk Invite only	A course to promote the importance of early communication with your child and encourage speech development. 1 & 2 year olds <i>Free</i>	Thirsk Children's Centre, YO7 1DS
	5:30pm - 7:30pm	First Aid for Parents 14th Nov Please book	A course for parents which covers CPR / drowning/ choking/ fevers and rashes (febrile convulsions)/ poisoning/ burns. Parents of birth - 8 year olds <i>Free</i>	Thirsk Children's Centre, YO7 1DS
	6:00pm - 7:30pm	LGBTQA Group (Lesbian, Gay, Bisexual, Transgender, Questioning and Asexual) 2 nd Tues every month	Support group for 14-19 year olds. <i>Free</i>	For more info please email: LGBThamandrich@northyorks.gov.uk
	6:00pm - 7:30pm	Youthability Drop-in Term time only	Youth Club for young people with special educational needs and disabilities. To provide inclusive activities in an informal environment. 11 - 25 years old <i>Free</i>	The Clock, St James Green, Thirsk, YO7 1AQ
WEDNESDAY	9:15am - 11:30am Health Team from 9:30am	Weigh, Stay & Play Drop-in Weekly	Child clinic in partnership with the Health Visiting Team. Opportunity to weigh your child plus play in an informal and friendly atmosphere. Birth - 4 years old <i>Free</i>	The Parish Rooms, Tanpit Lane, Easingwold, YO61 3HD
	9:15am - 11:30am	Breastfeeding Group Drop-in Weekly	A peer support group for breastfeeding mums in a relaxed atmosphere, This session is supported by a trained member of staff in Breastfeeding and Relationship Building as part of the Baby Friendly Initiative, with the addition of Health Visitor advice and input. Mothers, Mums-to-be and partners/family members welcome. <i>Free</i>	The Parish Rooms, Tanpit Lane, Easingwold, YO61 3HD
	9:30am - 11:00am	Weigh, Stay & Play 6th & 20th Sept 4th & 18th Oct 1st & 15th Nov 6th & 20th Dec Drop-in	Child clinic in partnership with the Health Visiting Team. Opportunity to weigh your child plus play in an informal and friendly atmosphere. Birth - 4 years old <i>Free</i>	Alanbrooke School, Station Road, Topcliffe, Thirsk, YO7 3SF
	9:30am - 11:00am	Stay & Play Drop-in Term time only	Weekly Stay & Play session for families, with lots of different planned activities to enhance children's learning and development. <i>Free</i>	Northallerton Children's Centre, DL6 1RB

	Time	Activity	More Information	Where
WEDNESDAY	10:00am-11:30am	Weigh, Stay & Play with 0-19 Parenting & Family Support Drop-in 1 st & 3 rd Weds each month	Child clinic in partnership with the Health Visiting Team. Opportunity to weigh your child plus stay & play in an informal and friendly atmosphere. <i>Free</i>	The Hive, RAF Leeming
	1:00pm - 3:00pm	Speech & Language Drop-in 6 th Sept & 1 st Nov	Drop-in session for parents to speak to a therapist about any worries about their child's speech or language progress. Birth - 4 years old <i>Free</i>	Stokesley Health Centre, TS9 5DY
	1:00pm - 1:45pm	Baby Yoga 13 th Sept - 11 th Oct or 15 th Nov - 13 th Dec Please book	Yoga sessions to aid baby's muscle development by stretching and moving, improving skills such as grasping, co-ordination, rolling and crawling. Suitable for age 8 weeks - crawling <i>£15 per course per family</i>	Northallerton Children's Centre, DL6 1RB 01609 534634
	1:30pm - 3:00pm	Baby & Me 6 th Sept - 11 th Oct or 8 th Nov - 13 th Dec Please book	A short term weekly post-natal course to get to know other parents whilst finding out lots about the first few months of your baby's life. 7 weeks - 6 months old <i>Free</i>	The Galtres Centre, Easingwold, YO61 3AE 01609 533068
	2:00pm - 3:00pm	Baby Massage 13 th Sept - 11 th Oct or 15 th Nov - 13 th Dec Please book	A 5 week course for parents to learn gentle massage for their babies to aid relaxation, develop muscle tone, co-ordination, to aid digestion and to strengthen immune systems. Suitable for age 4 weeks - crawling <i>£15 per course per family</i>	Northallerton Children's Centre, DL6 1RB 01609 534634
	6:30pm - 8:00pm	Youthability Drop-in Term time only	Youth Club for young people with special educational needs and disabilities. To provide inclusive activities in an informal environment. 11 - 25 years old <i>Free</i>	Cultureshack, Bedale High School, DL8 2EQ
	6:00pm - 7:30pm	Ante-natal Class <i>Sept: Northallerton</i> <i>Oct: Northallerton</i> <i>Nov: Thirsk</i> <i>Dec: Northallerton</i> Please book	4 week ante-natal course to prepare for the birth of a baby, caring for baby & yourselves. <i>Partnership delivery between Health Visitors, Midwives and Family Outreach and Support Workers.</i> Expectant parents & partners <i>Free</i>	Contact Northallerton Children's Centre on 01609 534634 or Thirsk Children's Centre on 01609 533068
THURSDAY	9:00am - 11:00am	Speech & Language Drop-In 21 st Sept, 19 th Oct, 16 th Nov & 21 st Dec	For parents to discuss any concerns they have about their child's speech development with a Speech and Language Therapist. Under 5 years old <i>Free</i>	Thirsk Children's Centre, YO7 1DS
	9:15am - 11:15am	Speech & Language Drop In 7 th Sept, 5 th Oct, 2 nd Nov & 7 th Dec	For parents to discuss any concerns they have about their child's speech development with a Speech and Language Therapist. Birth - 4 years old <i>Free</i>	Northallerton Children's Centre, DL6 1RB
	9:30am - 11:30am	Childminder Drop-In (excl. 21 st Sept, 19 th Oct, 26 th Oct, 16 th Nov & 21 st Dec)	A session for childminders and children to meet and share good practice linked to the Early Years Foundation Stage while enjoying the Children's Centre's facilities. Birth - 4 years old <i>Free</i>	Thirsk Children's Centre, YO7 1DS
	9:30am - 11:00am	Weigh, Stay & Play 21 st Sept, 19 th Oct, 16 th Nov, 21 st Dec Drop-in	Child clinic in partnership with the Health Visiting Team. Opportunity to weigh your child plus play in an informal and friendly atmosphere. Birth - 4 years old <i>Free</i>	Linton-on-Ouse Village Hall, YO30 2AX


THURSDAY

Time	Activity	More Information	Where
9:30am - 11:00am	Weigh, Stay & Play with 0-19 Parenting & Family Support Drop-in Weekly	Child clinic in partnership with the Health Visiting Team. Opportunity to weigh your child plus stay & play in an informal and friendly atmosphere. <i>Free</i>	Northallerton Children's Centre, DL6 1RB
10:00am - 12:00pm	Weigh, Stay & Play with 0-19 Parenting & Family Support Drop-in Weekly	Child clinic in partnership with the Health Visiting Team. Opportunity to weigh your child plus stay & play in an informal and friendly atmosphere. <i>Free</i>	Great Ayton Friends Meeting House, TS9 6BJ
10:00am - 10:45am	Baby Yoga 14 th Sept - 12 th Oct Please book	Yoga sessions to aid baby's muscle development by stretching and moving, improving skills such as grasping, co-ordination, rolling and crawling. Suitable for age 8 weeks - crawling <i>£15 per course per family</i>	Cultureshack, Bedale High School, DL8 2EQ 01609 534634
11:00am - 12:00pm	Baby Massage 14 th Sept - 12 th Oct Please book	A 5 week course for parents to learn gentle massage for their babies to aid relaxation, develop muscle tone, co-ordination, to aid digestion and to strengthen immune systems. Suitable for age 4 weeks - crawling <i>£15 per course per family</i>	Cultureshack, Bedale High School, DL8 2EQ 01609 534634
12:30pm - 1:30pm	Baby Massage 16 th Nov - 14 th Dec Please book	A 5 week course for parents to learn gentle massage for their babies to aid relaxation, develop muscle tone, co-ordination, to aid digestion and to strengthen immune systems. Suitable for age 4 weeks - crawling <i>£15 per course per family</i>	Stokesley Town Hall, TS9 5DG 01609 534634
1:00pm - 2:30pm	Baby & Me 7 th Sept - 5 th Oct or 16 th Nov - 14 th Dec Please book	A short term weekly post-natal course to get to know other parents whilst finding out lots about the first few months of your baby's life. Term time only. 7 weeks - 6 months old <i>Free</i>	Northallerton Children's Centre, DL6 1RB 01609 534634
1:00pm - 2:30pm	Baby & Me 14 th Sept - 19 th Oct or 9 th Nov - 14 th Dec Please book	A 6 week post-natal course to get to know other parents whilst finding out lots about the first few months of your baby's life. 7 weeks - 6 months old <i>Free</i>	Thirsk Children's Centre, YO7 1DS 01609 533068
1:00pm - 2:30pm	Building Blocks For Language Invite only Term time only	A course for parents of children with delayed speech, language or communication skills. 2 & 3 year olds <i>Free</i>	Northallerton Children's Centre, DL6 1RB
3:45pm - 5:45pm	Live It, Feel It, Do It Invite only Term time only	Social & emotional targeted group for young people to develop knowledge of areas such as; personal safety, healthy lifestyles & positive relationships. 6 - 11 years old. <i>Free</i>	Thirsk Area
5:45pm - 7:15pm	Youthability Drop-in Term time only	Youth Club for young people with special educational needs and disabilities. To provide inclusive activities in an informal environment. 11 - 25 years old <i>Free</i>	Northallerton Children's Centre, DL6 1RB


	Time	Activity	More Information	Where
FRIDAY	9:15am - 10:45am	Stay & Play with 0-19 Parenting & Family Support Drop-in Weekly	Weekly Stay & Play session running alongside Family Support Drop-in, offering information, advice and guidance to parents and families. <i>Free</i>	Cultureshack, Bedale High School, DL8 2EQ
	9:30am - 10:30am	Words and Monkey Music Drop-in Term time only	Themed sessions which explore stories through songs and nursery rhymes. These aim to support the engagement of children with reading, develop vocabulary and language while having fun. Term time only. Birth - 4 years old <i>Free</i>	Thirsk Children's Centre, YO7 1DS
	9:30am - 12:30pm	Learning Skills and Advice	15 th Sept, 6 th & 20 th Oct, 10 th Nov, 1 st & 22 nd Dec To book an appointment please contact abby.armstrong@northyorks.gov.uk	Cultureshack, Bedale High School, DL8 2EQ
	10:00am - 11:30am	Breastfeeding Group Weekly Drop-in	A peer support group for breastfeeding mums in a relaxed atmosphere, This session is supported by a trained member of staff in Breastfeeding and relationship building as part of the Baby Friendly Initiative, with the addition of Health Visitor advice and input. Mothers, Mums-to-be and partners/family members welcome. <i>Free</i>	Northallerton Children's Centre, DL6 1RB
	10:00am - 10:45am	Baby Yoga 8 th Sept - 6 th Oct or 3 rd Nov - 1 st Dec Please book	Yoga sessions to aid baby's muscle development by stretching and moving, improving skills such as grasping, co-ordination, rolling and crawling. Suitable for age 8 weeks - crawling <i>£15 per course per family</i>	Thirsk Children's Centre, YO7 1DS 01609 533068
	11:00am - 12:00pm	Baby Massage 8 th Sept - 6 th Oct or 3 rd Nov - 1 st Dec Please book	For parents to learn gentle massage for their babies to aid relaxation, develop muscle tone, co-ordination, to aid digestion and to strengthen immune systems. Suitable for age 4 weeks - crawling <i>£15 per course per family</i>	Thirsk Children's Centre, YO7 1DS 01609 533068
	1:00pm - 3:00pm	Speech & Language Drop-in 15 th Sept & 10 th Nov	Drop-in session for parents to speak to a therapist about any worries about their child's speech & language progress. Birth - 4 years old <i>Free</i>	Health Centre, Bedale, DL8 2AH
	1:00pm - 1:45pm	Baby Yoga 8 th Sept - 6 th Oct or 3 rd Nov - 1 st Dec Please book	Yoga sessions to aid baby's muscle development by stretching and moving, improving skills such as grasping, co-ordination, rolling and crawling. Suitable for age 8 weeks - crawling <i>£15 per course per family</i>	The Galtres Centre Easingwold, YO61 3AE 01609 533068
	1:00pm - 2:30pm	Cook, Craft & Play Invite only Term time only	An informal session for parents under the age of 25 years and their children. Families can prepare food to take home (a main, snack or pudding) or create crafty gifts. Cookery & crafts will alternate each week. Birth - 4 years old. <i>Free</i>	Thirsk Children's Centre, YO7 1DS
	2:00pm - 3:00pm	Baby Massage 8 th Sept - 6 th Oct or 3 rd Nov - 1 st Dec Please book	For parents to learn gentle massage for their babies to aid relaxation, develop muscle tone, co-ordination, to aid digestion and to strengthen immune systems. Suitable for age 4 weeks - crawling <i>£15 per course per family</i>	The Galtres Centre Easingwold, YO61 3AE 01609 533068
4:00pm - 5:30pm	Fuse Theatre Invite only	An inclusive theatre group for young people with Special Education Needs and Disabilities (SEND) plus non-SEND young people. Contact Hannah Ley on 01609 535768 for more information. 11 - 25 years old <i>Free</i>	The Cultureshack, Bedale High School DL8 2EQ	

	Time	Activity	More Information	Where
SATURDAY	10:30am - 12:30pm	Stay & Play SEND 9th & 23rd Sept 14th & 28th Oct 11th & 25th Nov 9th Dec Drop-in	An informal get together and play session for parents with children with special educational needs and disabilities. Based on activities, stories and ideas linked to the Early Years Foundation Stage. Birth - 11 years old <i>Free</i>	Thirsk Children's Centre, YO7 1DS
	10:00am - 12:30pm	First Aid for Parents Please book according to your needs/childs age	Focus on Babies: 7th Oct - Northallerton Children's Centre Focus on Toddlers: 4th Nov - Northallerton Children's Centre First Aid for Parents: 2nd Dec - Great Ayton Friends Meeting House	Contact Northallerton Children's Centre on 01609 534634
	10:00am - 12:30pm	First Aid for Parents 28th Oct Please book	A course for parents which covers CPR/ drowning/ choking/ fevers and rashes (febrile convulsions)/ poisoning/ burns. Parents of birth - 8 year olds <i>Free</i>	The Galtres Centre Easingwold, YO61 3AE 01609 533068

Courses and Parenting Support

Create Confidence	The Create Confidence programme is a tool box of targeted art based interventions to improve resilience, confidence and self-esteem in children and young people who may have been witness to domestic abuse and family difficulties in the past. <i>Invite only</i>
Being Ok	A group to provide information and advice in an informal and supportive environment. Opportunities to discuss a number of issues including relationships, sex, masculinity and values. Term time only. <i>Invite only</i>
Girls Group	A group to provide a friendly, safe and supportive environment for girls to meet socially, be involved in positive activities as well as undertake opportunities for informal education on a variety of issues that affect girls lives. Available across Hambleton area. Term time only. <i>Invite only</i> 13-16 year olds
Emotional First Aid for Parents	This is not a parenting course but focuses on the parents own emotional well being helping them identify their own early warning signs of emotional distress and develop their own sense of positive emotional health and wellbeing. RAF Leeming: Intro session 25th Sept. Course starts Thurs 5th Oct for 6 weeks. Alanbrooke/Thirsk area: Due to start October 2017. Please contact your local Children's Centre
 EMOTIONAL FIRST AID	
Mellow Parenting	Would you like to... Learn new ways to help you to improve your child's behaviour? Have some time to think about what things in your life are helping you or giving you problems in finding your own way to be a parent? Try to understand why your child behaves in the way he/she does? Then Mellow Parenting might help! <i>Invite only. Creche provided.</i> Suitable for parents of children aged 0 - 5 years
Incredible Years	A 7 week free course covering a set of topics that give you the opportunity to explore different aspects of parenting and how to support your children's needs and manage their behaviour as they grow. Starting 5th Sept - 17th Oct. <i>Tuesdays 1-3pm at Northallerton Children's Centre. Please ring to book your place on:</i> 01609 534634 Suitable for parents of children from 0 - 9 months.
Strengthening Families (1-3pm)	7 week course for parents and young people aged 10-14 years. Includes specific activities that help parents and carers learn nurturing skills that support their young people. This course aims to develop healthy and positive relationships between parents and children. This course will start on 7 th November. Please ring Northallerton Children's Centre to book your place: 01609 534634
Time Out for Parents - The Teenage Years	7 week programme designed for families who have teenagers. To help parents and carers understand and support their teenagers during this time of change and to enhance the emotional health of both young people and parents. The course looks at:- Parenting Styles, Emotional Needs, Why it is Tough Being a Teenager, Handling Conflict, Big Issues, Good Physical & Mental Health, Sustaining Close Relationships. Please ring Northallerton Children's Centre to book your place: 01609 534634

Other Information

Family Funtime at Thirsk Children's Centre	<p>This session is available for families/groups who would like to use the activity room of the Children's Centre to hold their own play session with access to craft and messy play resources. As staff are unavailable to support this session, parent/carers are responsible for the use of the room and resources and their children at all times. For more information, or if you would like to volunteer to set up a regular group at the Centre, please contact Thirsk CC on 01609 533068.</p>
Safeguarding 	<p>For the safeguarding of children and young people using our services, we do not allow the use of mobile phones in any of the Children's Centre sessions that we offer. If you need to take a call, please take it outside of the building. Photos can be taken by staff on the Centre's own camera. Please ask staff if you want a copy of a specific photo and they will be happy to print it for you.</p>
Volunteering at Hambleton Children's Centres	<p>Every Children's Centre needs an extra pair of hands on occasions. We need volunteers to help with a lot of what we do, such as parents providing support for regular sessions, basic administrative duties, researching and creating displays or promoting sessions and events. We would be delighted to hear from you if you could help in any way. Please contact Thirsk Children's Centre on 01609 533068 or Northallerton Children's Centre on 01609 534634.</p>
2 Year Old Funding	<p>If you have a 2 year old child and you are in receipt of one of the following benefits, you may be eligible for free funded childcare for your child:</p> <ul style="list-style-type: none"> · Income Support · Jobseeker's Allowance (income based) · Income-related Employment and Support Allowance · Child Tax Credit with income less than £16,190 · Working Tax Credit with an annual income less than £16,190 · Support under the immigration and asylum act 1999 · Guarantee element of State Pension Credit <p>For information contact us on: 01609 533068/01609 534634 or the Families Information Service on: 01609 533483</p>
3 & 4 Year Old Funding	<p>The current free childcare entitlement for 3 and 4 year olds is being increased from 15 to 30 hours per week for working parents from September 2017. The national eligibility criteria that families must meet are as follows;</p> <p>Both parents must be working (or the sole parent if in a lone parent family), each parent must have a minimum income of 16 hours at national minimum wage, but have an income less than £100,000 per year. For more information and how to apply visit http://www.northyorks.gov.uk/article/33505/30-hours-extended-early-years-entitlement-for-eligible-three-and-four-year-olds</p>
LGBTQA Group	<p>Are you worried about coming out or do you need someone to talk to? A group has started with Yorkshire MESMAC and the Prevention Service in Hambleton and Richmond for young people who are, or think they might be lesbian, gay, bisexual or trans. Have some fun and meet new people, discuss issues and participate in a range of social activities! The group meet on the 2nd Tues of each month.</p> <p>For more information get in touch at lgbt@northyorks.gov.uk</p>
Employment, Education, and Training support	<p>Are you aged 16 - 19 and not in education, employment or training? If you would like to access support from our service regarding this, or if you would like some more information on what we can offer, then please contact the Hambleton Prevention Hub on 01609 536206.</p>
Portage Home Visitors	<p>Portage home visitors work with parents/carers of children (0-5) with Special Educational Needs and Disabilities to empower them as educators of their own children. They model learning through play in order to promote early learning and development. This is a 5 star registered service with the National Portage Association.</p> <p>Requests for involvement can be made via Inclusive Single Point of Access process. The involvement form and information can be found here: https://www.northyorks.gov.uk/send-specialist-support-and-provision</p>
Healthy Start Vitamins	<p>We sell women's and children's healthy start vitamins in our Children's Centres and also accept the healthy start vouchers. Please enquire at reception about these.</p>

Child Health Clinics

Northallerton Area	Bedale Area	Stokesley Area	Thirsk Area
<p>Northallerton Methodist Church, DL7 8EG 1st & 3rd Monday of the month 1:00-2.45pm</p> <p>Northallerton Children's Centre, DL6 1RB Every Thursday 9:30-11:00am</p>	<p>Bedale Children's Centre, Culturareshack, DL8 2EQ 2nd & 4th Tuesday of the month 10:00-11:30am</p> <p>The Hive, RAF Leeming 1st & 3rd Wednesday of the month 10:00-11:30am</p>	<p>Stokesley Health Centre, TS9 5DY Every Tuesday 9:30-11:00am</p> <p>Hutton Rudby Village Hall 1st Wednesday of the month Term Time Only 10:00-11:00am</p> <p>Hutton Rudby Methodist Chapel 2nd & 4th Wednesday of the month 2:00-3:00pm</p> <p>Great Ayton Friends Meeting House Every Thursday 10:00-12:00pm</p>	<p>Thirsk Children's Centre, YO7 1DS Every Tuesday 9:15-11:30am</p> <p>The Parish Rooms, Easingwold, YO61 3HD Every Wednesday 9:15-11:30am</p> <p>Alanbrooke School, YO7 3SF 1st & 3rd Wednesday of the month</p> <p>Linton Village Hall, YO30 2AX 3rd Thursday of the month</p>

Contact Us

Hambleton Prevention Service Hub

NYCC Children and Families Service - Prevention
1, Racecourse Lane, Northallerton
North Yorkshire
DL7 8AD
Tel: 01609 536206
Email: pshubhambleton@northyorks.gov.uk

Hambleton Children's Centres

Thirsk Children's Centre
Hambleton Place
Thirsk
YO7 1DS
Tel: 01609 533068
Email: thirskcc@northyorks.gov.uk

Northallerton Children's Centre
c/o Alverton Community Primary School
Mount Road
Northallerton
DL6 1RB
Tel: 01609 534634
Email: northallertoncc@northyorks.gov.uk

Bedale Children's Centre
NYCC Prevention Service
Culturareshack
Bedale High School
Fitzalan Road
Bedale

Breastfeeding Support

Please visit <https://www.northyorks.gov.uk/breastfeeding> for information and our interactive map which shows where you can get support across North Yorkshire.

Weaning Talk in Stokesley - 1.00-2.30pm

Stokesley Town Hall, TS9 5DG

7th September 2017

5th October 2017

2nd November 2017

For any queries please call: 01423 542211

DO WE HAVE YOUR UPDATED EMAIL AND TELEPHONE DETAILS?



If not please let a member of
Children's Centre staff know



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HambletonSouthAreaCFSP](http://www.facebook.com/HambletonSouthAreaCFSP)
or
[www.facebook.com/
HambletonNorthCFSP](http://www.facebook.com/HambletonNorthCFSP)



The Families Information Service

Visit our website

www.nyfamilies.info

or call our friendly team on

01609 533483

You could also email us at

fis.information@northyorks.gov.uk

or text **07624 802425**

North Yorkshire County Council, County Hall, Northallerton, North Yorkshire, DL7 8AD

Our Customer Service Centre is open Monday to Friday 8.00am – 5.30pm

(closed weekends and bank holidays). Tel: **01609 780 780**

Email: customer.services@northyorks.gov.uk Web: www.northyorks.gov.uk

If you would like this information in another language or format please ask us.

Tel: **01609 780 780** Email: customer.services@northyorks.gov.uk